

DELICIOUS
INDIGENOUS

Chef Ahki

Sepsenahki "Chef Ahki"

is a celebrity chef, natural food activist and pro-blogger. She is the new voice of the young generation who is f'n pissed at big agriculture and its mono-cropping frenzy of science lab food and GMO corporate tyranny all resulting in an obese, sick and dying generation whose being outlived by their parents.

MY FOOD
IS ELECTRIC

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Different from other 'veggie heads' and 'green-smoothie fads,' Ahki's approach is down-to-earth with content laced with amazing personal style, mental giant in-genius, real-time relevant science and surprisingly...hip-hop. She is candid in expressing her fury about our current food state with phrases like, "Your Taste Buds Have Been Hijacked, Illness is Unnecessary, Diabetes is Reversible, Because We Ain't Suppose to Be Sick, If You Still Drinkin' Soda - You Trippin', You Ain't Depressed, You Just Malnutrition, Friends Don't let Friends Eat at Waffle House," etc. She commonly refers to controversial figures like Che Guevara and Malcolm X to artistically express her ideas as a thought-leader of the now generation. In short, she cares not if she ruffles your feathers, as long as you walk away empowered and inspired to Get Healthy By Any Greens Necessary.

Chef Ahki transitioned to a plant-based diet at the young age of 18, and became a colon-therapist shortly thereafter. She studied under Dr. Mark Armstrong and received a Bachelor's degree in naturopathic science and holistic theology. As a black native, Chef Ahki has always been intrigued by the healing power of herbs and eastern traditional medicine.

Raised by four generations of medicine women in her native home of Oklahoma, Chef Ahki was introduced to indigenous foods and alternative modalities before she even spoke her first word. Growing up working in her grandparents' garden, she knows what real food is suppose to taste like and teaches that humans are electrical and need electrical foods for optimum health. "I ain't eatin' salad, I'm eatin' sunlight" is the phrase coined by Chef Ahki to promote her daily Big Ass Salad. She uses seasonal, organic, fresh, non-hybrid fruits and vegetables to create living food recipes designed to heal bodies and enhance lives.



PRIVATE CHEF TO
Lenny Kravitz
PREPPED FOR
Salma Hayek
Bradley Cooper
Curtis Martin

